FEBRUARY BREAKFAST & SNACK



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3	4	5	6	7
B: Cheerios or Rice Krispies Bananas	B: Whole Grain Pancakes Apple Slices	B: Scrambled Eggs, Sausage Patty, Hashbrowns Mandarins	B: Yogurt Parfait w/ Granola Blueberries	B: Whole Grain French Toast Strawberries
S: Goldfish & Milk	S: Applesauce Muffins & Milk	S: Apples, Grapes & Milk	S: Pretzels, Raisins, Water	S: Apples, Bananas, Milk
WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP	WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP	WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP	WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP	WHOLE MILK: 12-24 MTHS FAT FREE MILK: 2 & UP
10	11	12	13	14
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17	18	19	20	21
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24	25	26	27	28
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FEBRUARY



MON	TUE	WED	THU	FRI
3	4	5	6	7
Whole Grain Ham & Turkey Sandwhich Asparagus Apple Slices	Chicken w/ gravy Buttered Noodles Roasted Sweet Potatoes Mandarins	Baked Ziti Cheese Stick Peas Grapes	Whole Grain Sloppy Joe Mixed Veggies Blueberries	Whole Grain Chicken Corn Noodle Soup Dinner Roll Fruit Salad
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Shepherds Pie Whole Grain Biscuit Pears	Whole Grain Chicken Tacos Seasoned Corn Mandarins	Whole Grain Grilled Cheese Cheese Stick Tomato Soup Grapes	Whole Grain Lasagna Broccoli Peaches	Whole Grain Red Velvet Waffles Homefries Sausage Links Fruit Salad
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17	18	19	20	21
Teriyaki Meatballs Brown Rice Green Beans Mandarins	Cheesy Mexican Chicken Buttered Noodles Corn Apple Slices	Whole Grain Cheese Quesadilla Cheese Stick Baby Carrots Grapes	Whole Grain Hot Turkey Sliders Mixed Veggies Strawberries	Whole Grain Spaghetti w/ Meat Sauce Peas Peaches
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24	25	26	27	28
Whole Grain Cheeseburger Sliders Corn Mandarins	Ranch Chicken Dinner Roll Roasted Potatoes Pears	Garlic Parm Pasta Cheese Stick Green Beans Grapes	Turkey Pot Pie Stuffing Peaches	Whole Grain Pepperoni Pizza Mixed Veggies Apple Slices
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